

## Spa

### Massage

#### Balinese Massage

50 minutes

IDR. 350 K

80 minutes

IDR. 500 K

A traditional massage treatment designed to relax the body, stimulate circulation and release stress with each fluid stroke.

#### Ibah Foot Massage

50 minutes

IDR. 325 K

A pressure point massage of the feet, ankles and calves. Designed to soothe tired or aching muscles and calm the mind.

#### Warm Stone Massage

90 minutes

IDR. 695 K

A wonderful remedy for tired muscles. Warm stones glide over the body, helped along by our specially blended massage oils, releasing tension, promoting relaxation and stimulating circulation.

#### Deep Tissue Detox Massage

90 minutes

IDR. 675 K

This invigorating massage combines unique Asian and Balinese massage styles and tools, including guasha, cupping, and wooden roller. Long forearm strokes and palm and thumb pressure work to release deep tissue tension, leaving you feeling energized and uplifted.

### Body, Face

#### Coffee Body Scrub

50 minutes

IDR. 400 K

An invigorating, exfoliating and antioxidant-rich full-body polish, followed by a cooling yoghurt mask. Removes impurities, awakens the skin and promotes softness.

#### Sandalwood Body Scrub

50 minutes

IDR. 375 K

A softening, brightening and purifying full-body polish, made from sandalwood – a fragrant plant prized for its many healing and spiritual properties.

# IBAH

## Botanical Facial

60 minutes

IDR. 425 K

A natural facial therapy treatment using raw and blended healing Balinese plants and marma point acupressure to tone, brighten and moisturize the skin and stimulate collagen production. The plants used are foraged and blended with the utmost level of care.

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## Combination Treatments

### Spa Bliss

80 minutes

IDR. 495 K

Relax and refresh with a Balinese massage followed by aromatherapy facial.

### IBAH Touch

100 minutes

IDR. 675 K

This package is created for both the body and the face. It starts with a 50-minute Balinese massage to relax the body and mind, followed by a rejuvenating signature facial.

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## ADDITIONAL TREATMENTS

### Aromatherapy facial

30 minutes

IDR. 250 K

### Head massage

30 minutes

IDR. 195 K

### Hand massage

30 minutes

IDR. 195 K

### Relaxing back massage

30 minutes

IDR. 195 K

### Foot massage

30 minutes

IDR. 195 K

## Spa In Room Service

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### Massage

#### Balinese Massage

50 minutes

IDR. 385

K

80 minutes

IDR. 550

K

A traditional massage treatment designed to relax the body, stimulate circulation and release stress with each fluid stroke.

#### Ibah Foot Massage

50 minutes

IDR. 360

K

A pressure point massage of the feet, ankles and calves. Designed to soothe tired or aching muscles and calm the mind.

#### Deep Tissue Detox Massage

90 minutes

IDR. 750

K

This invigorating massage combines unique Asian and Balinese massage styles and tools, including guasha, cupping, and wooden roller. Long forearm strokes and palm and thumb pressure work to release deep tissue tension, leaving you feeling energized and uplifted.

### Body, Face

#### Coffee Body Scrub

50 minutes

IDR. 440

K

An invigorating, exfoliating and antioxidant-rich full-body polish, followed by a cooling yoghurt mask. Removes impurities, awakens the skin and promotes softness.

#### Sandalwood Body Scrub

50 minutes

IDR. 420

K

A softening, brightening and purifying full-body polish, made from sandalwood – a fragrant plant prized for its many healing and spiritual properties.

# IBAH

## Botanical Facial

60 minutes

IDR. 470

K

A natural facial therapy treatment using raw and blended healing Balinese plants and marma point acupressure to tone, brighten and moisturize the skin and stimulate collagen production. The plants used are foraged and blended with the utmost level of care.

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## Combination Treatments

### Spa Bliss

80 minutes

IDR. 550

K

Relax and refresh with a Balinese massage followed by aromatherapy facial.

### IBAH Touch

100 minutes

IDR. 750

K

This package is created for both the body and the face. It starts with a 50-minute Balinese massage to relax the body and mind, followed by a rejuvenating signature facial.

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## ADDITIONAL TREATMENTS

### Head massage

30 minutes

IDR. 220

K

### Hand massage

30 minutes

IDR. 220

K

### Relaxing back massage

30 minutes

IDR. 220

K

### Foot massage

30 minutes

IDR. 220

K